

## Multicultural Orientation Inventory – Group Version (MCO-G)

Please reflect on your group therapy experience and respond to the following questions. It is important to know that there are no right or wrong answers here. The members of your group are human and they have a range of emotions and reactions. We are trying to get a sense of how you experienced the members of your group.

**Part I.** Overall, how comfortable did the members of your group appear to you as it relates to dialogue around cultural identity or cultural issues?

	<b>Strongly Disagree (1)</b>	<b>Mildly Disagree (2)</b>	<b>Neutral (3)</b>	<b>Mildly Agree (4)</b>	<b>Strongly Agree (5)</b>
1. Comfortable	1	2	3	4	5
2. Awkward	1	2	3	4	5
3. Tense	1	2	3	4	5
4. Nervous	1	2	3	4	5
5. Confident	1	2	3	4	5
6. Uneasy	1	2	3	4	5
7. Relaxed	1	2	3	4	5
8. Calm	1	2	3	4	5
9. Edgy	1	2	3	4	5
10. Genuine	1	2	3	4	5

**Part II.** Overall, please indicate the extent to which you agree or disagree with the following statements about the members of your group.

<b>Regarding the core aspect(s) of my cultural background, the other group members...</b>	<b>Strongly Disagree (1)</b>	<b>Mildly Disagree (2)</b>	<b>Neutral (3)</b>	<b>Mildly Agree (4)</b>	<b>Strongly Agree (5)</b>
1. Are respectful.	1	2	3	4	5
2. Are open to explore.	1	2	3	4	5
3. Assume they already know a lot.	1	2	3	4	5
4. Are considerate.	1	2	3	4	5
5. Are genuinely interested in learning more.	1	2	3	4	5
6. Act superior.	1	2	3	4	5
7. Are open to seeing things from my perspective.	1	2	3	4	5
8. Make assumptions about me.	1	2	3	4	5
9. Are open-minded.	1	2	3	4	5
10. Are know-it-alls.	1	2	3	4	5
11. Think they understand more than they actually do.	1	2	3	4	5
12. Ask questions when they are uncertain.	1	2	3	4	5

**Part III.** There are times where members wish the other group members had discussed certain issues more in depth. These opportunities come and go. Sometimes they are important and other times, they are not. Please rate the following items regarding these opportunities.

<b>Regarding the core aspect(s) of my cultural background,</b>	<b>Strongly Disagree (1)</b>	<b>Mildly Disagree (2)</b>	<b>Neutral (3)</b>	<b>Mildly Agree (4)</b>	<b>Strongly Agree (5)</b>
1. I wish the other group members would have encouraged me to discuss my cultural background more.	1	2	3	4	5
2. The other group members discussed my cultural background in a way that worked for me.	1	2	3	4	5
3. The other group members avoided topics related to my cultural background.	1	2	3	4	5
4. There were many chances to have deeper discussions about my cultural background that never happened.	1	2	3	4	5
5. The other group members missed opportunities to discuss my cultural background.	1	2	3	4	5