**The 25-item Broaching Assessment Scale (BrAS; Hidle et al., under review)**

“*At times, your ethnic-cultural identity can be related to what is talked about in therapy, for example in relation to your experiences or concerns. These opportunities to talk about ethnic-cultural background come and go. Sometimes they are important and other times they are not. Below are several statements about how a therapist can communicate about a client’s ethnic-cultural background and identity. Please respond on a scale from strongly disagree (1) to strongly agree (5) to what extent each statement corresponds with how your current/last therapist communicates with you during the therapy sessions.*”

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| **Item** |
| **Factor Proactive** |
| 1. My therapist takes up the responsibility to include my ethnic-cultural identity in sessions
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| 1. My therapist discusses in-depth what my ethnic-cultural identity means to me
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| 1. My therapist checks in on how I feel about differences and/or similarities between us regarding our ethnic-cultural identities
 |
| 1. My therapist spontaneously asks me how important my ethnic-cultural identity is for me
 |
| 1. My therapist refers to my ethnic-cultural background as a helpful resource in therapy
 |
| **Factor Insensitive** |
| 1. My therapist discloses narrow-minded opinions in relation to my ethnic-cultural identity
 |
| 1. My therapist communicates implicit assumptions about my ethnic-cultural background based on stereotypes
 |
| 1. My therapist wrongly ascribes things I say or feel to my ethnic-cultural background.
 |
| 1. My therapist unintentionally says insensitive things about my ethnic-cultural background
 |
| 1. My therapist speaks about my ethnic-cultural identity in a belittling way
 |
| **Factor Open** |
| 1. My therapist has an open approach when we talk about my ethnic-cultural identity
 |
| 1. When ethnic-cultural background is brought up in conversation, my therapist actively listens
 |
| 1. My therapist gives considerate responses when I elaborate on my ethnic-cultural identity
 |
| 1. My therapist has an open attitude regarding my ethnic-cultural background
 |
| 1. My therapist makes me feel at ease when I say something about my ethnic-cultural identity
 |
| **Factor Wait-and-see** |
| 1. My therapist lets me decide whether we talk about my ethnic-cultural identity or not
 |
| 1. My therapist leaves it up to me whether or not our conversation includes ethnic-cultural topics
 |
| 1. Conversations on my ethnic-cultural identity are started by me
 |
| 1. My therapist adopts a wait-and-see approach towards ethnic-cultural topics and is responsive when the issue occurs
 |
| 1. If I want to talk about my ethnic-cultural identity in therapy, I bring it up myself
 |
| **Factor Avoidant** |
| 1. When my ethnic-cultural background comes up in a conversation, my therapist does not further elaborate on it
 |
| 1. My therapist sidesteps subjects that are related to my ethnic-cultural background
 |
| 1. My therapist keeps a conversation short when it revolves around my ethnic-cultural identity
 |
| 1. My therapist tends to refrain from ethnic-cultural topics when brought up
 |
| 1. My therapist avoids that I start a conversation that is related to my ethnic-cultural identity
 |

Scale 1-5 (Strongly Disagree to Strongly Agree).